

Heart Skips a Beat



Music: Olly Murs, CD In Case You Didn't Know, Sony 88697940942
Choreo: Yvonne Cox, e-mail: ycox@ecta.de Tel: +44 (0)8445 888851
Event: Fall Round Up 2012
Sequence: **Intro A B C A B C D B C Ending**
Intro: Wait **4** beats

Level: E Int
Time: 3.52
BPM: 116

Date: Feb 2012

Intro:

Beat 1, Left hand in front of heart, palm facing out
Beat 2, Right hand in front of left hand, palm facing out
Beats 3 & 4, push hands away from body for **2 beats**
Beats 5 - 8, hands fisted, R hand first, punch up in air, **4 times**

2 Front DS R(if)S
 Basic L R L
 R L R
 &1 & 2

Push DS RS RS RS **turn 1/2 L**
 Turn L RL RL RL
 R LR LR LR
 &1 &2 &3 &4

REPEAT to the front using opposite footwork

Part A:

Pump DS KK UP/H TCH(xif) UP/H TCH(if) UP/H
 Touch L R R L R R L R R L
 R L L R L L R L L R
 &1 & 2 & 3 & 4

Fancy DS DS(xif) BA(ots) BA(xib) BA(ots) S
 Run R L R L R L
 L R L R L R
 &1 &2 & 3 & 4

Rocking DS BR UP/H DS RS
 Chair R L L R L RL
 L R R L R LR
 &1 & 2 &3 &4

2 Basic DS RS
 R LR
 L RL
 &1 &2

REPEAT using opposite footwork

Jacky DS RS KK UP/H KK UP/H
 Kick L RL R R L R R L
 &1 &2 & 3 & 4

Triple DS DS DS KK UP/H
 Kick R L R L L R
 &1 &2 &3 & 4

Double DS DS(xif)S Hop Hop Hop **turn 1/2 R on beats 3-4**
 Step L R L L L L
 Hop &1 &2 & 3 & 4

Triple DS DS DS RS
 R L R LR
 &1 &2 &3 &4

REPEAT Jacky Kick, Triple Kick, Double Step Hop & Triple to face front

Now do the first 4 beats of the Intro

Part B:

Push Turn(L) DS RS RS RS turn 1/2 L
 Samantha DS DS(xif) DR S(ib) DR S(ib) RS DS DS RS
 R L L R R L RL R L RL
 &1 &2 & 3 & 4 &5 &6 &7 &8
 Soccer DS DT UP/H DS RS
 R L L R L RL
 &1 & 2 &3 &4
 Slur DS SLR S(xib) DS BR UP/H
 Brush R L L R L L R
 &1 & 2 &3 & 4

Push Turn(L) DS RS RS RS turn 1/2 L
 Samantha DS DS(xif) DR S(ib) DR S(ib) RS DS DS DS
Modified R L L R R L RL R L R

Part C:

Charleston DS TCH(if) H T(ib) H RS
 L R L R R LR
 &1 & 2 & 3 &4
 Rock It R(if)S R(ib)S R(if)S R(if)S
 L R L R L R L R
 & 1 & 2 & 3 & 4
 Grandpa DS TCH(if) H TCH(ots) H TCH(ib) H RS(xif) RS(xib) DS RS
 Run L R L R L R L RL RL R LR
 &1 & 2 & 3 & 4 &5 &6 &7 &8
 |move R on 5-6|

Part D:

Crossover DS BR(xif)H BR(unx)H TCH(xib) TCH(xib)
 Tap L R L R L R R
 &1 & 2 & 3 & 4
 Triple(R) DS DS DS RS turn 1/4 R
 Scoot DS SL RS SL RS
 L L RL L RL
 &1 & 2& 3 &4
 Triple(R) DS DS DS RS turn 1/4 R to face the back
 Crossover DS BR(xif)H BR(unx)H TCH(xib) TCH(xib)
 Tap L R L R L R R
 Triple(R) DS DS DS RS turn 1/2 R to face the front
 Scoot DS SL RS SL RS
 L L RL L RL

Change weight to the R foot, do the first 8 beats of the Intro and then

Heel H H H H H H H H H H H H H H H H H H
 Beats L R L R L R L R L R L R L R L R L R L R
 1 & a 2 & 3 & a 4 & 5 & a 6 & 7 & a 8 &

Ending:

Charleston DS TCH(if) H T(ib) H RS
 L R L R R LR
 Rock It (L) R(if)S R(ib)S R(if)S R(if)S
 Grandpa DS TCH(if) H TCH(OTS) H TCH(ib) H
 R L R L R L R
 &1 & 2 & 3 & 4

Do the first 4 beats of the Intro and end with both arms up on beat 5